

SSNL Ball Hockey Condensed Penalty Guide for Officials

IMPORTANT: This document does not replace the official rulebook. It is meant to help make the training of referees more convenient. The full rulebook contains other information that referees need to be aware of before officiating at SSNL events.

<ul style="list-style-type: none"> • Minor: 2 minutes • Double Minor: 4 minutes • Major: 5 minutes 	<ul style="list-style-type: none"> • Misconduct: 10 minutes • All Match penalties are treated as an automatic 5-minute Major and Game Misconduct). The Match designation signifies that further action may be taken because deliberate intent to injure was determined.
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<p>Hooking</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct • Match (intent to injure) 	<p>Holding</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct • Match (intent to injure, including grabbing any part of the helmet and/or injury to head or neck area) 	<p>Interference</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct • Match (intent to injure)
<p>Goalie Interference</p> <ul style="list-style-type: none"> • Minor • In the case of injury, look at other infractions (e.g.: charging) and judge 	<p>Hands on the Back</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct • Match (intent to injure) 	<p>Fighting</p> <ul style="list-style-type: none"> • Major + tournament expulsion • Minor for identified instigator • 3rd player in: Game misconduct
<p>Roughing</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct • Match (intent to injure) 	<p>Boarding</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct • Match (intent to injure) 	<p>Body Checking</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct • Match (intent to injure)

<p>Charging</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct • Match (intent to injure) 	<p>Tripping</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct 	<p>Slew Footing</p> <ul style="list-style-type: none"> • Minor • Major (injury caused) + Game Misconduct • Match (intent to injure)
<p>Kicking/Stomping on Opponent</p> <ul style="list-style-type: none"> • Match (intent to injure) 	<p>Cross-Checking</p> <ul style="list-style-type: none"> • Double Minor • Major (injury caused) + Game Misconduct • Match (intent to injure and/or head/neck contact) 	<p>High Sticking Opponents</p> <ul style="list-style-type: none"> • Double Minor • Major (injury caused) + Game Misconduct • Double Minor (if contact is deemed accidental) [referee's discretion] • Match (intent to injure and/or head/neck contact)
<p>High Sticking the Ball (over the waist)</p> <ul style="list-style-type: none"> • Minor • Disallowed goal, if high stick results in a goal, and penalty still called 	<p>Slashing</p> <ul style="list-style-type: none"> • Minor (Slashing motion towards opponent or wild swing at the ball near an opponent) • Double Minor (contact with no injury) • Major (injury caused) + Game Misconduct • Match (intent to injure and/or head/neck contact) 	<p>Spearing</p> <ul style="list-style-type: none"> • Double Minor • Major (injury caused) + Game Misconduct • Match (intent to injure)
<p>Butt-Ending</p> <ul style="list-style-type: none"> • Match (intent to injure) 	<p>Throwing Stick/Object At Opponent</p> <ul style="list-style-type: none"> • Defending zone: Penalty shot unless a goal is scored on the play • Ball carrier's own zone: Minor penalty 	<p>Unsportsmanlike Conduct</p> <ul style="list-style-type: none"> • 1st Offense: Minor + 10-minute Misconduct • 2nd Offense: tournament expulsion

<p>Leaving Bench/Penalty Box</p> <ul style="list-style-type: none"> • Player leaves bench or penalty box to become involved in a fight: Game Misconduct + tournament expulsion • Player leaves penalty box early and joins play: Minor for Delay of Game 	<p>Spitting on/at Opponent</p> <ul style="list-style-type: none"> • Match penalty + tournament expulsion 	<p>Playing With a Broken Stick</p> <ul style="list-style-type: none"> • Minor • Throwing replacement stick from bench to player on the floor: Minor
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<p>Delay of Game</p> <ul style="list-style-type: none"> • Holding up play past 10 seconds to adjust equipment: Minor • Defenders (other than goalie) deliberately covering ball in the crease: Penalty shot <ul style="list-style-type: none"> ◦ Done while the defending team's goalie has been removed for an extra attacker: Automatic goal to the other team • Deliberately covering the ball outside the crease: Minor • Intentionally putting the ball out of play at any time: Minor • Intentionally dislodging the net: Minor <ul style="list-style-type: none"> ◦ Done in last 2 minutes or OT: Penalty shot ◦ Done while defending team's goalie has been removed for an extra attacker: Automatic goal to the other team • Goalie deliberately holding ball with no pressure from attacking team: Minor • Player deliberately picks the ball up from the floor during play: Minor • Player deliberately holds ball against wall to draw a whistle unchallenged by an opponent: Minor • Objects on Net (eg: water bottles): Minor
